



*Directions*

## Directions to the Vein Institute of the North Shore & upon entering\* the Cummings Center

### From Downtown Boston:

- Take Route 93 North (N) to Route 1 N via the Tobin Bridge.
- Continue on Route (Rte.) 1 N into Lynnfield and then take the combined I-95 N/Route 128 N exit, after going through a short tunnel/underpass.
- When I-95 / Rte 128 N split, stay on Rte. 128 toward Gloucester.
- From Rte 128 N left take Exit 22 East (E) onto Rte. 62 E.
- Follow Rte. 62 E for approx. 2-miles to the Cummings Center on your left.
- At the traffic lights (across from Stop & Shop), turn left to the Cummings Center.

### From Logan Airport:

- Take the Route (Rte.) 1A N ramp toward Revere/Lynn, halfway around the first rotary, turning onto Rte. 60 West (W).
- Follow Rte. 60 W for about 2-miles. Take the Rte. 1 N exit and follow the ramp toward Route I-95/Saugus/NH/Maine.
- Follow Rte. 1 for about 7-miles into Lynnfield.
- Take the combined Rte. I-95 N/Rte. 128 N exit after going through the tunnel/underpass.
- When I-95 and Rte 128 N split, stay on Rte. 128 N toward Gloucester.
- From Rte. 128 N take Exit 22E onto Rte. 62 E.
- Follow Rte. 62 E for approx. 2-miles to the Cummings Center on your left.
- At the traffic lights (across from Stop & Shop), turn left to the Cummings Center.

### From Massachusetts Turnpike (Mass Pike):

- Take Exit 15 onto the combined Rte. I-95 North/Route 128 N.
- When I-95 and Rte. 128 N split, stay on Rte. 128 N toward Gloucester.
- From Rte. 128 N take Exit 22 E onto Route 62 E.
- Follow Rte. 62 E for approx. 2-miles to the Cummings Center on your left.
- At the traffic lights (across from Stop & Shop), turn left to the Cummings Center.

### From Cape Ann (Gloucester, Essex, Manchester, Rockport ...)

- From Rte. 128 South (S) take Exit 22 and take two lefts onto Rte. 62 E.
- Follow Rte. 62 E for approx. 2-miles to Cummings Center on your left.
- At the traffic lights (across from Stop & Shop), turn left to the Cummings Center.

### From New Hampshire/Maine:

- Follow Rte. 95 S to the Danvers/Peabody MA area.
- Take Rte. 128 N (right lane).
- From Rte. 128 N take Exit 22 E onto Route 62 E.
- Follow Rte. 62 E for approx. 2-miles to the Cummings Center on your left.
- At the traffic lights (across from Stop & Shop), turn left to the Cummings Center.

### \* Directions Upon Entering the Cummings Center:

- Cummings Center entrance is Center Drive. Continue straight.
- At or before the gatehouse take a right.
- You are driving along the front of The 100 Building on your left.
- Park at the front, right side of the 100 Building or use the parking garage.
- Use the 100 E entrance and proceed down the hall.
- The Vein Institute is immediately after the U.S. Post Office on your left.